Learning Styles Summary

If you scored mostly a’s , you may be a Visual Learner…..you learn by seeing and looking, you

* Take numerous details notes
* Tend to sit in the front
* Are usually neat and clean
* Often close your eyes to visualize or remember something
* Find something to watch if you are bored
* Like to see what you are learning
* Benefit from illustrations and presentations that use color
* Are attracted to written or spoken language rich in imagery
* Prefer stimuli to be isolated from auditory and kinesthetic distraction
* Find passive surroundings ideal

If you scored mostly b’s, you may have an auditory learning style. You learn by hearing and listening, you….

* Sit where you can hear but needn’t pay attention to what is happening in front
* May not coordinate colors or clothes, but can explain why you are wearing what you are wearing
* Hum or talk to themselves when you are bored
* Acquire knowledge by reading aloud
* Remember by verbalizing lessons to yourself (if you don’t you have difficulty reading maps or diagrams or handling conceptual assignments like math)

If you scored mostly c’s, you may have a kinesthetic learning style. You learn by touching and doing, you….

* Need to be active and take frequent breaks
* Speak with your hands and with gestures
* Remember what was done, but have difficulty recalling what was said or seen
* Find reasons to tinker or move when you are bored
* Rely on what you can experience directly or perform
* Activities such as cooking, construction, engineering or art help you perceive and learn
* Enjoy field trips and tasks that involve manipulating materials
* Sit near the door or someplace else where you can get up easily and move around
* Are uncomfortable in classrooms where you lack the opportunity for hands-on experience
* Communicate by touching and appreciate physically expressed encouragement, such as a pat on the back